

Living Alone and Connected! Events

Thursdays at 4pm EST



Living Alone and Connected Meetup – October 2nd

Learn from each other during this virtual, private gathering of LAAC group members.

Moderated by Michelle Seitzer



Creating a Dementia-Friendly Home – October 9th

Learn about easy-to-implement tools and dementia-friendly home design that promotes a safe, calm environment.

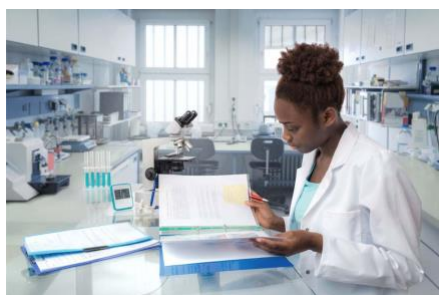
Guest Speaker: Eliza Brown (or other TBD)



Accessing Transportation – October 16th

Learn about transportation services and resources to ensure safe, supportive travel and ride share options.

Moderated by Michelle Seitzer



How to Participate in Dementia Research – October 23rd

Learn about the ins and outs of dementia research, advances in research, and how you can participate in a research study.

Guest Speaker: Mike Splaine

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Fraud Prevention & Digital Safety – October 30th

Learn from an expert in the field on how to protect yourself from the dangers of fraud and scams.

Guest Speaker: Bill Benson (or other TBD)



Navigating the Holidays – November 6th

Learn how to approach the upcoming holiday season with ease, enrichment, and enjoyment.

Moderated by Michelle Seitzer