

LIVING ALONE & CONNECTED

A Facebook community for persons with dementia who live alone.

Conversation. **Community.** **Connections.**



Our online community offers valuable resources, expert-led discussions, and virtual events to individuals living alone with dementia, Alzheimer's disease, or other forms of memory loss. We focus on cognitive health through topics like music & art, nutrition, exercise, research, technology, home modifications, and much more!

Living Alone and Connected Offers:

- Community and connection
- Knowledge sharing and resources
- Engaging conversation
- Educational and social virtual events

WHO WE SERVE

Our private Facebook group is designed exclusively and thoughtfully for people who live alone with a dementia/Alzheimer's disease diagnosis. This is to ensure the privacy of our members and to foster a safe, welcoming, and meaningful space to connect.

Are you living alone with a diagnosis of memory loss?


Know someone living alone with Alzheimer's or dementia?


Want to find resources, make connections, and share support?


Be part of our vibrant community! Join or spread the word!

CONTACT US

To learn more or join the Living Alone and Connected Facebook Group: call, email, or visit us online or in-person!

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