



CENTER FOR  
**DEMENTIA RESPITE  
INNOVATION**  
ALZHEIMER'S ASSOCIATION

# Center for Dementia Respite Innovation



The Life Center has been awarded the Center for Dementia Respite Innovation grant from the Alzheimer's Association which allows us to expand and enhance our current programming for participants and caregivers.

## Expanded Participant Programming

### Bathing Services

The Life Center provides bathing services utilizing our accessible walk-in shower with shower chairs, grab bars, and a hand-held shower head. This service helps to improve hygiene for participants.

### Respite

Limited respite scholarships are available to pay for adult day services at The Life Center to help improve the quality of life for the caregiver and care recipient.

### Art

The Life Center is leading weekly art sessions to help stimulate creativity and motor skills, while promoting engagement for individuals living with Alzheimer's Disease and other dementias.

### Technology

To support cognitive stimulation, as well as group participation, The Life Center is integrating SmartBoard technology to offer interactive applications to our participants.

### Tai Chi & Yoga

With gentle adaptable exercises to allow for person-centered care, The Life Center is offering Tai Chi and Yoga to our participants.

### Nutrition

The Life Center's menu is upscaled with fresh and organic options for the fruits, vegetables, and proteins to offer our participants more nutritious breakfasts, lunches and afternoon snacks.

### Advance Care Planning

By offering support with advance care planning, The Life Center wants to help caregivers make informed choices regarding advance directives following the care recipient's values and wishes.

Call for more information about our CDRI programming!



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