



## “How Do I Get Started?” CHECKLIST

This is a step-by-step guide for enrolling a loved one at The Life Center of Davidson County, Inc. \_\_\_\_\_

### STEP ONE:

- Give us a call at (336) 249-2155.
- Schedule a tour with our Program Coordinator and pick up an “Inquiry Packet”.

The “Inquiry Packet” is a folder of informative materials and required forms to be completed by you and the primary care physician.

The caregiver **and** future participant should plan to attend the scheduled tour and the enrollment evaluation in “Step Two”.

- Fill out provided forms including: “Medical Information Form” by the primary physician, “Participant and Family Information” form.
- Submit paperwork for TLC review. The TLC team will evaluate the paperwork and contact you at the provided numbers.

### STEP TWO:

- Schedule an “Enrollment Evaluation Appointment” with our Healthcare Coordinator and Program Coordinator to review submitted paperwork.
- Ask any remaining questions and have an honest discussion during the “Enrollment Evaluation Appointment” to assess if attending The Life Center would positively benefit your loved one.

### STEP THREE:

- The Life Center team will contact you to discuss an official start date for your loved one, **or** we will provide you information for other resources to guide you in your caregiver journey.

### OUR MISSION:

The Mission of The Life Center of Davidson County, Inc. is to provide high quality daytime care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite, and counsel. We serve both participants and their families from all areas of Davidson County.

We provide FREE caregiver support groups each month. Your loved one does **not** have to be enrolled in our program to participate in these support groups. Our goal is to provide support and resources for our community to all caregivers.

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THE LIFE CENTER OF DAVIDSON COUNTY, INC.

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