



2017

**Board Members**

**President**

\*Betty Pope

**Vice President**

\*Pam Alley

**Secretary**

\*Courtney Brown

**Treasurer**

\*Annette Conrad

**Past President**

\*Steve Jackson

Dan Briggs  
Clyde Bristow  
Rob French  
Larry Link  
Darrell McNeill  
Ryan McNeill  
Talmadge Silversides  
Burr Sullivan  
Keith Tobin  
Karen Watford  
Tommy Wilson  
Heather Yates-Davis

\*denotes Executive  
Committee

**Medical Director**

Heather Yates-Davis, PA

**Executive  
Director**

Elizabeth Rummage

601 West  
Center Street  
Lexington,  
North Carolina  
27292

Phone:  
336-249-2155  
FAX:  
336-249-2374  
email:  
lifecenter@  
lexcominc.net  
www.  
lifecenterdavidson.com

To the Applicant, Family Member or Responsible Person:

Attached is an application for participation in the adult day care/adult day health program of The Life Center of Davidson County, Inc. The information on this application is confidential and will be used to enable our staff and Quality Assurance committee members to assess whether The Life Center can provide the level of care requested. Financial information will be used only to determine eligibility for fee assistance programs.

Upon receipt of the application and medical questionnaire (which is to be completed by the applicant's physician), the family should call to schedule an interview with the Health Care Coordinator. The purpose of this visit is to further assess the ability of The Life Center to meet the needs of the applicant and their family and to acquaint the applicant with The Life Center.

The application must be completed in its entirety to be considered. It will be processed as quickly as possible; however, a ten-day working period should be allowed between the receipt of the application and medical form by The Life Center and the participant's first day of participation.

Sincerely,

Elizabeth G. Rummage  
Executive Director

Enclosures



**PARTICIPANT AND FAMILY INFORMATION**  
**The Life Center of Davidson County, Inc.**

Applicant's Full Name: \_\_\_\_\_  
First Middle Maiden Last

Applicant's Mailing Address: \_\_\_\_\_  
City & Zip code: \_\_\_\_\_

Applicant's Home Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Applicant's Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **REQUIRED**

Applicant's Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Email Address \_\_\_\_\_

Medicare Number \_\_\_\_\_ Medicaid Number \_\_\_\_\_

Does the recipient receive or has applied for Supplemental Security Income? (SSI) \_\_\_\_Y \_\_\_\_N

Is the participant receiving Adult Protective Services? \_\_\_\_Y \_\_\_\_N

Does the household receive Food Stamps? \_\_\_\_Y \_\_\_\_N

Name of person receiving Food Stamps: \_\_\_\_\_

---

**To the family:**

- What interested you in the services provided by The Life Center?
- How did you learn about The Life Center?
- Have you been involved with another adult day care/adult day health program?

**About the Applicant:** (This information helps us to get to know the applicant.)

- Is the applicant \_\_\_\_Single \_\_\_\_Married \_\_\_\_Divorced/Separated \_\_\_\_Widowed
- If they do not live alone, with whom do they live?
- Did the applicant work and if so where?
- Where did they attend school?
- What was the highest grade they completed?
- Are they a part of a faith based community?
- What hobbies does the applicant enjoy?
- What activities does the applicant participate in on a typical day?
- If currently receiving the services of a home health agency, which agency?
- Were they in the armed services? If so, when and in what branch did they serve?

**Family Information**

- Who is responsible for the applicant (overseeing care, paying bills, etc.)?

Name: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

- Is this person a Power of Attorney for the applicant?

\_\_\_\_\_

- If the applicant has children, please list their names, mailing addresses, and e-mail addresses

- If the applicant has grandchildren, please list their names.

**About the applicant's doctors:**

Name of Primary Care Physician: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Mailing Address: \_\_\_\_\_

- If you have more than one physician, please provide a list of all physicians.

Name of Dentist: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Mailing Address: \_\_\_\_\_

**Emergency contact phone numbers -REQUIRED**

There are times we might need to get in touch with a family member or friend. In the event of an emergency; to obtain necessary information; or if the participant is late, absent, or remains at The Life Center after closing. If a phone number changes, please provide new information.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**About transportation**

- Do you have transportation from your home to and from The Life Center? \_\_\_\_\_YES \_\_\_\_\_NO

If yes, who will provide the transportation \_\_\_\_\_

Approximately what time will the applicant arrive? \_\_\_\_\_am What time will they leave? \_\_\_\_\_pm

If no, do you need for transportation to be arranged, if available? \_\_\_\_\_YES \_\_\_\_\_NO

**Additional information about the applicant:**

Please check below if any of the following apply. Please feel free to add additional comments when needed.

\_\_\_\_\_ The applicant is occasionally confused or disoriented (less than once a week).

\_\_\_\_\_ The applicant is frequently confused or disoriented (daily).

\_\_\_\_\_ The applicant has wandered away from home before. How many times? \_\_\_\_\_

\_\_\_\_\_ The applicant cannot feed him/herself.

\_\_\_\_\_ The applicant is on a special diet.

What type? No Added Salt \_\_\_\_\_, Low Salt \_\_\_\_\_, Diabetic \_\_\_\_\_, Ground Foods \_\_\_\_\_, Other \_\_\_\_\_

\_\_\_\_\_ The applicant has problems with choking. How frequently? \_\_\_\_\_

\_\_\_\_\_ The applicant has frequent loss of bowel or bladder control.

\_\_\_\_\_ The applicant wears a "Depends" type garment.

\_\_\_\_\_ The applicant needs assistance to go to the restroom.

\_\_\_\_\_ The applicant has had a mastectomy. When \_\_\_\_\_ Left Side \_\_\_\_\_ Right Side \_\_\_\_\_ Both \_\_\_\_\_

\_\_\_\_\_ The applicant wears glasses.

\_\_\_\_\_ The applicant wears contact lenses.

\_\_\_\_\_ The applicant wears a pacemaker.

\_\_\_\_\_ The applicant has difficulty understanding normal conversations and following instructions.

\_\_\_\_\_ The applicant is unable to read and write.

\_\_\_\_\_ The applicant needs large print to read.

\_\_\_\_\_ The applicant has a history of seizures.

\_\_\_\_\_ The applicant has allergies. Please list.

\_\_\_\_\_ The applicant falls frequently. How frequently? \_\_\_\_\_

\_\_\_\_\_ The applicant uses a \_\_\_\_\_ walker, \_\_\_\_\_ cane, \_\_\_\_\_ wheelchair.

\_\_\_\_\_ The applicant needs assistance with ambulation.

The applicant uses tobacco products. \_\_\_\_\_ Cigarettes \_\_\_\_\_ Chewing tobacco or snuff/dip

\_\_\_\_\_ The applicant has the following special care needs:

Is there any additional information which might help us to provide care to the applicant?

**Medications:**

Please list all of the applicant's medications (prescription and over the counter) **-whether they will be taking them at home or The Life Center.** Any changes should be reported in writing immediately as this information is provided to emergency personnel when needed. **This information is REQUIRED.**

Name of Medication	Dosage	When Taken	Why Prescribed

If additional medications are taken, please attach list.

- Which most accurately describes the applicant?  
\_\_\_\_ Is able to take own medications without assistance.  
\_\_\_\_ Needs reminding to take medications.  
\_\_\_\_ Cannot take medications without assistance.
- Will the applicant be taking medications while at The Life Center? \_\_\_\_ YES \_\_\_\_ NO
- Does the applicant have any drug allergies? \_\_\_\_ YES \_\_\_\_ NO

---

**NOTE: If the recipient and/or caregiver will pay for the cost of services, NO Financial Information is required.**

**The following information will be used by The Life Center to document the recipient's eligibility for federal funding, and to allow The Life Center to apply for federal funding reimbursement. All information will remain confidential.**

**Please circle the total income of the applicant, and their spouse, if applicable. Income includes social security, pensions, dividends, retirement benefits, interest income from savings, bonds, and stocks, income from estates, trusts, royalties, and rental property, wages from employment, unemployment benefits, workers compensation, alimony, etc.**

**Monthly Income of:**

Individual	Couple
\$903-\$1,128	\$1,214-1,518
\$1,129-1,354	\$1,519-1,821
\$1,355-1,579	\$1,822-2,125
\$1,580-1,805	\$1,850-2,428
\$1,806-2,031	\$2,429-2,732
\$2,032-2,257	\$2,733-3,035
\$2,258-2,482	\$3,036-3,339
\$2,483-2,708	\$3,340-3,642
\$2,709-3,161	\$3,643-4,249
\$3,162-Above	\$4,250-Above

- Expenses

Please list monthly expenses incurred by the applicant:

Rent/Mortgage: \_\_\_\_\_

Utilities: \_\_\_\_\_

Prescription Drug Costs: \_\_\_\_\_

Home Modifications: \_\_\_\_\_

Special Needs Costs: \_\_\_\_\_

Caregiving Costs: \_\_\_\_\_

- In the event of an emergency:

Please check if the applicant has any of the following documents:

\_\_\_\_\_ A Living Will

\_\_\_\_\_ Do Not Resuscitate Orders

\_\_\_\_\_ Advanced Directives

\_\_\_\_\_ Health Care Power of Attorney

Does the applicant have a hospital preference? If yes, please list the hospital.

Does the applicant have hospital insurance in addition to Medicare/Medicaid? \_\_\_\_\_ YES \_\_\_\_\_ NO

- The following are things we do in our day to day lives. Please check if the applicant is capable of accomplishing the following tasks.

\_\_\_\_\_ eat a meal without assistance

\_\_\_\_\_ dress without assistance

\_\_\_\_\_ take a bath without assistance

\_\_\_\_\_ go to the bathroom without assistance

\_\_\_\_\_ get up from a chair without assistance

\_\_\_\_\_ communicate wants/wishes/thoughts

\_\_\_\_\_ walk without staff assistance

\_\_\_\_\_ know when she/he has to go to the bathroom and is able to act on that urge

\_\_\_\_\_ prepare a meal without assistance

\_\_\_\_\_ take medication properly without assistance

\_\_\_\_\_ clean the house without assistance

\_\_\_\_\_ manage money properly without assistance

\_\_\_\_\_ make a phone call without assistance

\_\_\_\_\_ do laundry without assistance

\_\_\_\_\_ read a book

\_\_\_\_\_ go grocery shopping



## RELEASE OF INFORMATION

In the event of a medical emergency, I allow release of information necessary for The Life Center to determine the ability to meet the medical needs of the applicant.

I also allow release of information necessary for The Life Center to document my eligibility for federally funded programs.

I understand this information will not be used for any purpose other than to document my eligibility and feasibility to participate in the adult day program.

## RELEASE FOR MEDICAL TREATMENT

- I AUTHORIZE THE STAFF OF The Life Center of Davidson County to assist the applicant's taking of his/her medications as prescribed by his/her physician.
- I give my permission for emergency treatment as deemed necessary by The Life Center staff or emergency personnel.
- I give permission to be treated in the emergency room of the nearest hospital in the event of an emergency.
- I give permission for emergency treatment, as deemed by a physician, either in his/her office or emergency room.

## CONSENT TO PHOTOGRAPH

I give permission to The Life Center of Davidson County for this named person

\_\_\_\_\_ to be photographed for the purpose of promoting the services of The Life Center in newspaper articles, slide or video presentations, or television stories. I also allow The Life Center to retain film, negatives, or prints from such photographs.

## STATEMENT OF UNDERSTANDING

I have received a copy of the Family/Participant Handbook (Policies and Procedures of The Life Center) and understand the responsibilities of the family and The Life Center and agree to abide by them.

Applicant's Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature of Responsible Person \_\_\_\_\_

Date \_\_\_\_\_

Signature of Life Center Staff \_\_\_\_\_

Date \_\_\_\_\_



2017

**Board Members**

**President**

\*Betty Pope

**Vice President**

\*Pam Alley

**Secretary**

\*Courtney Brown

**Treasurer**

\*Annette Conrad

**Past President**

\*Steve Jackson

Dan Briggs  
Clyde Bristow  
Rob French  
Larry Link  
Darrell McNeill  
Ryan McNeill  
Talmadge Silversides  
Burr Sullivan  
Keith Tobin  
Karen Watford  
Tommy Wilson  
Heather Yates-Davis

\*denotes Executive  
Committee

**Medical Director**

Heather Yates-Davis, PA

**Executive  
Director**

Elizabeth Rummage

601 West  
Center Street  
Lexington,  
North Carolina  
27292

Phone:  
336-249-2155  
FAX:  
336-249-2374  
email:  
lifecenter@  
lexcominc.net  
www.  
lifecenterdavidson.com

**TO THE APPLICANT AND FAMILY MEMBERS:**

This form allows for the release of medical information from the physician of the applicant to The Life Center and should be given to the applicant's physician upon completion. The information provided to us on this form is required by State standards. The information also helps us to determine how we can best meet the medical needs of the applicant. The information is used solely by The Life Center of Davidson County, Inc. to determine whether or not an adult day program is the appropriate health care option for the applicant.

The physician may return the form directly to you or send it to The Life Center via fax. Our fax number is: 336-249-2374. The form must be completed in its entirety and received by The Life Center before the applicant's first day and will be due annually thereafter. In order for the physician to release the information to The Life Center, please complete the following portion prior to giving this form to the physician.

I, \_\_\_\_\_, allow the release of medical information  
(Applicant or Responsible Family Member)

about \_\_\_\_\_  
(Applicant)

to The Life Center of Davidson County for the purpose of determining the feasibility  
of the applicant's participation in an adult day program by his/her physician,

Dr. \_\_\_\_\_.

Elizabeth G. Rummage  
Executive Director





# Medical Information Form

## The Life Center of Davidson County

Name of Participant: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Most Recent Date Seen By Physician: \_\_\_\_\_

Medical Diagnosis: Please Check:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia                               | <input type="checkbox"/> Anxiety Disorder                      | <input type="checkbox"/> COPD/Respiratory problems   |
| <input type="checkbox"/> Asthma                               | <input type="checkbox"/> BPH/PSA                               | <input type="checkbox"/> Arthritis                   |
| <input type="checkbox"/> CHF                                  | <input type="checkbox"/> Chronic Bronchitis                    | <input type="checkbox"/> CAD/Angina                  |
| <input type="checkbox"/> Dementia                             | <input type="checkbox"/> Alzheimer's                           | <input type="checkbox"/> Cancer-Type: _____          |
| <input type="checkbox"/> Emphysema                            | <input type="checkbox"/> Gastric Ulcers                        | <input type="checkbox"/> Chronic Renal Failure       |
| <input type="checkbox"/> GERD/Reflux                          | <input type="checkbox"/> HTN                                   | <input type="checkbox"/> Diabetes: Type I or Type II |
| <input type="checkbox"/> MI/Cardiac                           | <input type="checkbox"/> Developmentally Disabled              | <input type="checkbox"/> Epilepsy/Seizure Disorder   |
| <input type="checkbox"/> Defib/Pacer                          | <input type="checkbox"/> Depression                            | <input type="checkbox"/> Parkinson's                 |
| <input type="checkbox"/> Pneumonia                            | <input type="checkbox"/> Atrial Fib.                           | <input type="checkbox"/> Cardiac Arrhythmias         |
| <input type="checkbox"/> Effects of Stroke - (Specify): _____ | <input type="checkbox"/> Urinary Problems: - (Specify): _____  | <input type="checkbox"/> Cardiomyopathy              |
| <input type="checkbox"/> Visual Problems - (Specify): _____   | <input type="checkbox"/> Skin Disorder - (Specify): _____      |  |
| <input type="checkbox"/> Hearing Problems - (Specify): _____  | <input type="checkbox"/> Psychiatric Issues - (Specify): _____ |  |

ANY OTHER ILLNESSES NOT LISTED ABOVE: \_\_\_\_\_

- ☐ YES ☐ NO Does the participant have any COMMUNICABLE disease?  
If so, specify: \_\_\_\_\_
- ☐ YES ☐ NO Does the participant require constant supervision to make sure  
he/she does NOT do harm to self, others or to property?
- ☐ YES ☐ NO Will this person wander if not closely attended to?
- ☐ YES ☐ NO Do you recommend any restrictions for medical reasons on physical  
activities such as walking, exercise, etc.?  
If so, specify: \_\_\_\_\_
- ☐ YES ☐ NO Does the participant have any ALLERGIES to medications, foods or Latex?  
If so, specify reactions: \_\_\_\_\_
- ☐ YES ☐ NO Does the participant have difficulty understanding conversations  
or communicating needs?
- ☐ YES ☐ NO Is the participant at HIGH RISK FOR FALLS?
- ☐ YES ☐ NO Is the participant at HIGH RISK OF CHOKING?
- ☐ YES ☐ NO Does the participant have any special dietary needs?  
If so, specify: \_\_\_\_\_
- Consistency: Reg. ☐ Cut up ☐ Chopped ☐ Ground ☐ Thicket ☐

Medications	Strength	Time Given	Purpose

**PRN STANDING ORDERS FOR MEDICATION:**

Please Check if the following may be given at The Life Center:

- ☐ YES ☐ NO Tylenol (Acetaminophen) 500 mg-2 tabs/caplets PO or elixir q 6 hrs. PRN for mild pain or temperature greater than 100 degrees.  
☐ YES ☐ NO Robitussin 15cc PO q 4 hrs. PRN for simple cough-Not to exceed 4 doses in 24 hours.  
☐ YES ☐ NO Mylanta/Maalox 30cc PO q 4 hrs. PRN for indigestion-Not to exceed 4 doses in 24 hours.  
☐ YES ☐ NO Triple Antibiotic Ointment to minor abrasions and wounds PRN. May use Steri-Strips if needed.  
☐ YES ☐ NO Cold Compresses for simple trauma & Warm Compresses for pain or inflammation.  
☐ YES ☐ NO Menthol Cough Drops q 2 hrs PRN for cough or sore throat.  
☐ YES ☐ NO Milk of Magnesium 30cc q day PRN for constipation.

**LIST ANY OTHER OTC MEDICATIONS THAT ARE TO BE GIVEN:**

The Life Center requires a TB test be current within 3 months of Enrollment only. If you are reauthorizing this form, a TB test is Not required.

Date of TB Test: \_\_\_\_\_ Results: \_\_\_\_\_

Participants typical Blood Pressure: \_\_\_\_\_ Blood Sugar: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**The Life Center monitors the participants' Blood Pressure and Weight Monthly.**

Printed Name of PCP/PA/NP: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of PCP/PA/NP: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Practice: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_